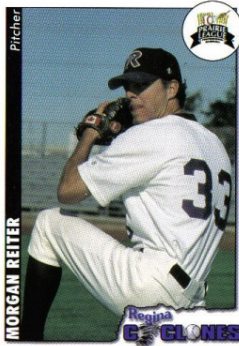




INSIDE PITCH INDOOR CAMPS REGINA



**POWER PITCHING MECHANICS / CATCHER DEVELOPMENT TRAINING /
HITTING AND SKILLS – Friday December 28th, 2018 – 9am-3pm
AGES 8-15YRS (Mosquito - Bantam)**



AM CAMP 1 - POWER PITCHING – 9AM – 11:30AM

***THROW 5-7 mph HARDER WITH MORE CONTROL!**

***By learning Power Drills for velocity * Pick-offs * Mental Aspects ***

Change-up * Major League Curve Ball taught to Bantam age

(Camp 1 only \$75.00 - *Limited Space*)

AM CAMP 2 – CATCHER DEVELOPMENT – 9AM – 11:30AM

***Learn how to receive / Block / Throw as a catcher / Give signs / and more!**

(Camp 2 only \$75.00 - *Limited Space)

SUBWAY LUNCH *11:30AM-12PM* PROVIDED IF IN FULL DAY

(Save \$20 + lunch if in full day 9am-3pm)

PM CAMP 3 – HITTING AND SKILLS (12pm-3pm)

***HIT FOR POWER AND AVERAGE!**

***Hitting Drills * In-fielding * Out-fielding **Base-running and much more! ***

(Camp 2 only \$70.00 for 3 hours!)



BOTH CAMPS GROUPED ACCORDING TO AGE

- **Location: INDOORS – Queen City Soccer - 1560A McDonald St**
- **Sign-up for full day and pay only \$125 total, includes lunch all cheques payable to Inside Pitch**
- If mailing – specify “REGINA CAMPS” (3070 Gordon Rd., Regina, Sk, S4S 2T8)
- IP Baseball Academy provides a professional instructor for every 8-10 students enrolled
- Juice and snack provided by IP Academy each day during camp
- Check out our website WWW.INSIDEPITCH.CA for updates and additional information



INSTRUCTORS – Current and Former Professional and College Players

***Texas State University – Evansville University – University of Pikesville –
Arizona Western College – Erskine College**

***Catchers / Pitchers / Infielders / Outfielder – all skill areas are represented
by current or past college players at all these positions!!**

“I can assure if you choose the Inside Pitch for your child, they are in good hands. Have fun and enjoy the Inside Pitch.”

Kevin Brian, Director, Canadian Scouting – Toronto Blue Jays